



There is no excuse for child abuse!

ways to help and be a part of
Children's Safe Harbor's mission to
protect and enhance the life of every
child who has the courage to battle
sexual and physical abuse.

You CAN help rebuild shattered lives – by helping Children’s Safe Harbor

A man or woman never stands as tall as when he or she kneels to help a child. Sometimes the smallest things can take up the most room in your heart.

With the generosity of donors like you Children’s Safe Harbor can continue to provide free services such as, forensic interviews, sexual assault exams, counseling, advocate services and education. Receive the satisfaction of making someone’s life a little better by giving gifts of time, energy, or goods. You can:

- Donate goods listed on our Wish List. These are donated items that directly benefit the children. In addition, CSH has a need for items to help in the operation and management of the agency.
- Get involved with our many volunteer opportunities (individuals, groups, corporate).
- Promote a “Drive” to collect items used to directly benefit the quality of life of the children age 2 - 17 that have been victimized (school supplies, stuffed animals, journals, gift items, clothing). *New items only.*
- Adopt a family in need (during the Thanksgiving/Christmas holidays or anytime during the year).
- Donate gift cards to grocery stores for families in need.
- Attend one of our special fund raising events.
- Donate auction items for one of our special events.
- Link your Kroger Plus Card to Children’s Safe Harbor through their Neighbor to Neighbor Program.
- Link your Randall’s Remarkable Card to Children’s Safe Harbor through their Good Neighbor Program.

Children’s Safe Harbor is a nationally accredited children’s advocacy center serving children from age 2 to 17 years in Montgomery, San Jacinto, and Walker Counties.

The mission of Children’s Safe Harbor is to protect and enhance the life of every child who has the courage to battle sexual and physical abuse.

Children’s Safe Harbor brings together the criminal and civil justice systems on behalf of children and their families in a coordinated, child-centered team approach.

1. **Law Enforcement** – When a disclosure is made, often the police are the first on the scene. They know how to bring the child victim and non-offending caregiver to Children’s Safe Harbor and how to gather evidence of the crime
2. **Children’s Protective Services** – CPS caseworkers are an important part of the multi-disciplinary team that supports the investigation process and ensures ongoing safety planning and that children are living in safe environments.
3. **Forensic Interviews** – A forensic interview enables children to make their disclosures of abuse on video tape rather than submitting them to repeated questioning by professionals. This fact-finding interview, conducted by trained neutral professionals, is often the first encounter a child will have with the advocacy center staff.
4. **Medical** – When a child’s disclosure indicates that there has been penetration, these children also receive the service of a forensic sexual assault examination. These examinations are performed by trained and certified medical personnel for the purpose of collecting evidence of the crime of sexual assault.
5. **Counseling** – Children’s reactions to trauma and abuse are varied and complex. Traumatic events overwhelm a child’s capacity to cope and may elicit intense physical and emotional reactions. Individual, family and group counseling services are provided free of charge to children, their siblings, and non-offending caregivers by licensed professional counselors.
6. **Prosecution** – The final criminal justice step in a child abuse investigation is to refer the case to the district and/or county attorney’s office. Victim witness coordinators support the child’s journey through the legal process as prosecutors and citizens review cases and sanction adult and juvenile perpetrators that rob children of their innocence.

Children’s Safe Harbor is a non-profit organization with a 501 (c) (3) tax exempt status and is a full member in good standing with the National Children’s Alliance, and the Children’s Advocacy Centers of Texas, Inc. Partial funding for this program is provided through the Montgomery County Community Block Grants and Montgomery County United Way. Children’s Safe Harbor greatly appreciates the support of all individuals and organizations.

**For more information on how to help contact Janis Cain, Volunteer & Facility Coordinator
936-756-4644 ext. 236 or email Janis.cain@childrenssafeharbor.org**

Please see attached, “Our Wish List” & Volunteer Opportunities.

Here is a list of our current needs (new items only please):

The highlighted items are needed the most, at this time.

- Washable markers
- Flashlights & batteries
- Large gift bags
- Copy paper (8 1/2 x 11)
- Antibacterial hand soap
- Fastener file folders – letter size
- Utility Vehicle (such as John Deere Gator)
- Magazine Subscriptions for waiting area (Highlights for Children, Highlights High Five, National Geographic for Kids, Kids Discovery, Sports Illustrated for Kids, Your Backyard, Family Fun, Girls Life, Boys Life, Do-It-Yourself, Consumer Reports Money Advisor, any Cooking or Home & Garden Magazine)
- Coloring books
- Journals (boys & girls)
- Medium gift bags
- Postage stamps
- Hand sanitizer
- 3 Large outdoor umbrellas for picnic tables
- Outdoor furniture & outdoor games for playground area
- Stuffed animals
- Decorative Pens
- Tissue paper
- Coffee
- Lysol or Clorox Wipes
- Relaxation CD's
- Crayons
- Ribbon
- Kleenex
- Lysol spray
- Gift cards for items mentioned

Children's Safe Harbor hopes to make every child's life a little better by giving on birthdays, graduation from counseling, and Christmas. Here are a few ideas if you wish to share in the joy of giving.

Ideas for girls:

- Costume Jewelry (rings, bracelets, necklaces)
- Watches
- Purses
- Wallets / Coin Purses
- Luggage – Carry on size, any overnight type bag
- Make-up bags
- Gloves
- Fun/Soft Socks
- Makeup Accessories (mirrors, eyelash curlers, etc.)
- Bath & Body Works Lotion
- Fingernail Polish
- Manicure Sets
- Journals
- Basket balls
- Volley balls

Ideas for BOTH girls & boys

- Cameras
- CD/Clock Radios
- DVD Players, MP3 Players
- DVD's / Age Appropriate
- Flashlights, Sleeping bags
- Binoculars
- Guitars, keyboards, any musical instrument
- Wow Wee Paper Jamz Guitar
- Karaoke System / Cd's
- Skateboard
- Board Games, cards, dominos
- Hand held games
- Outdoor games
- Scrapbook / Material for Scrapbook/Stickers, Drawing/Painting Kits, any kids' crafts
- Do It Yourself Craft Kits (Beads, etc.)
- Drawing Supplies
- Painting Supplies

Ideas for boys:

- Wallets
- Luggage – Carry-on size, Duffel Bags
- Watches
- Caps
- White Socks
- Gloves
- Axe Spray, any men's fragrance
- Nail Care Sets
- Journals
- Tool Box & Tool Sets
- Footballs
- Basket Balls
- Base Ball / Bat / Glove
- Fishing Tackle Box & other fishing supplies
- Bath & Body Works Body Spray

Gift Cards:

- Restaurant
- Academy
- Old Navy
- Kohl's
- Bath & Body Works
- Charming Charlie's
- Cavender's
- Baskins
- Movie Theater
- Mani/pedi gift certificate

Idea Toys for YOUNGER children (2 – 10): Barbie Dolls, Baby Dolls, Activity/Educational Games, Creative Educational Toys, Play Dough, Craft Kits, Nerf Toys (No guns), Outside Games (Disk games), Building Block Toys, Construction Toys, Tonka Trucks, Walkie Talkie Set, Giant Piano Mat, Splash Art, Train Set, Spy Glove, Hot Wheels/tracks, Musical Instruments (hand bells, etc.), Spindoodles kit, Knot a Quilt kit, Fire Station Play Set, Learn to Dress Dolls, My First Purse, Spy Glove, Dress Up/Pretend Play.

Please no wrapped items and only new items.
Thank you so much for your support!

CHILDREN'S SAFE HARBOR BELIEVES IN ANGELS...

VOLUNTEER PROJECTS & OPPORTUNITIES FOR THE "ANGELS" IN OUR COMMUNITY

The volunteer program at Children's Safe Harbor is an extremely valuable part of our center. Our volunteer program is designed to offer volunteers a variety of positive opportunities to advocate for children who are victims of sexual and/or severe physical abuse. The Volunteer Program at Children's Safe Harbor offers ongoing professional development opportunities, education and training, and an increased awareness of the multi-disciplinary team approach to child abuse.

Our program is designed to provide the volunteer with the unique opportunity to make a difference in the life of a child victim, either through direct service to that child and their family, or through a variety of support tasks to assist the Children's Safe Harbor staff and other professionals who utilize our facility for the investigation and prosecution of crimes against children. Our program offers a variety of volunteer opportunities –

The Family Service Volunteers greet and assist the children and their families that visit Children's Safe Harbor. Children come to our facility for a variety of reasons – forensic interviews, medical exams or individual, group or family therapy. Accompanying those children are siblings, friends, cousins, parents, grandparents or caregivers, each with their own individual needs. The responsibilities of the Family Service Volunteers revolve primarily around making these families feel comfortable and welcome in our buildings at all times.

Duties:

Some of the duties involved with the Family Service Volunteers include maintaining the waiting area, keeping the environment safe and clean for small children, helping the children to choose their snacks and juice, and providing coffee, juice or water for care-givers who are waiting while their child meets with a forensic interviewer, therapist, or sexual assault exam. Family Service Volunteers will also assist in watching the children and keeping them entertained while the caregiver: meets with the Multidisciplinary Team after the forensic interview, attends their own counseling session, or while the caregiver meets with the Sexual Assault Nurse Examiner. Additional duties centered on the children and/or the families may also be asked of Family Service Volunteers. Such duties may include selecting and wrapping birthday gifts for the children, stocking and organizing snacks, refilling the paint bottles in the play therapy rooms, disinfecting play therapy items and waiting area and straightening and organizing the group therapy room.

The Multidisciplinary Team Support Volunteers provide assistance to the professionals who work with Children's Safe Harbor on behalf of the children and their families who have been victimized by abuse. Men and women come to our facility from a variety of different agencies – we are currently in a partnership with 26 different law enforcement agencies, as well as the Department of Family and Regulatory Services and district attorneys' offices from Montgomery, Walker and San Jacinto Counties. These professionals work day and night to protect children in our community, and to see that justice is served. The responsibilities of the Multidisciplinary Team Support Volunteers revolve primarily around making the jobs of these individuals as easy as possible, while working here with the staff of Children's Safe Harbor.

Duties:

Some of the duties involved with the Multidisciplinary Team Support Volunteers include assisting the CSH staff in conducting research on various topics pertaining to child abuse, administrative duties such as copying, typing and filing, or assisting with various projects for the Forensic Interview, Counseling, Family Advocates, and/or Medical Department. Multidisciplinary Team Support Volunteers will also assist the Volunteer/Facility Coordinator in the daily operation of the CSH facility, providing general facility support. This support may include assisting with regional training events (preparation and at event), accepting donations, organizing the Rainbow Room, stocking and organizing cabinets and supply closets, set up for meetings, updating bulletin board, preparing meals or snacks for Multidisciplinary Team members at monthly case review sessions and/or other meetings, and assisting with special projects.

The Special Project/Event Volunteers

There are many opportunities to volunteer your time at Children's Safe Harbor. We understand that not everyone is able to commit to specific hours each week, and that some people would rather work on special projects, or for a limited time on certain events. The following are some "special" opportunities to make a difference:

Corporate/Group Service Days

For groups, organizations and businesses wanting to give back to their community, we can organize "service days". Your group can come out on a weekend or possibly a day during the week and provide facility upkeep/facility support, such as, organizational skills, building skills, minor maintenance, yard/flower garden work, help in our rainbow room, beautification projects, cleaning services – any talents you have!

Special/Seasonal "Drives"

Special Drives might include: See attached - detailed list for drives.

- o Stuffed Animals
- o Journals (for girls & boys) & Decorative Pens
- o Flashlights & Batteries
- o Art & Therapy Supplies
- o Birthday/Graduation Gifts
- o Christmas Gifts – *Deliver no later than first week in November*
- o Gift bags (all sizes), tissue paper, ribbon
- o Snacks (Animal Crackers, Peanut Butter snacks, Fruit Snacks, Fresh Fruit)
- o School Supplies – *Deliver no later than mid July*

Research Projects

Due to the nature of our work, the staff at Children's Safe Harbor must stay "on top" of the growing body of research in the field of child abuse. One way that we accomplish this is through conducting article research and reviews. Volunteers who have a little extra time to donate can help our staff by researching assigned topics, and printing or e-mailing the article information to various staff members. Volunteers will be given a topic by a CSH staff member, and can use the computer at our facility to research on-line, or may do research outside our facility at the public or university library, or on their own computers at home. This is a great opportunity to assist our organization, and can be done at the convenience of the individual volunteer.

Community Awareness/Presentations

This volunteer opportunity may include representing CSH at a community awareness event, accompanying a staff member to a speaking engagement and contribute their own information about the Volunteer Program and the work that CSH does. This volunteer opportunity may also be for anyone with presentation and public speaking skills to assist the Program Services Coordinator with Recruitment and Education within the community.

Fundraisers

Volunteers can offer their time on an as-needed basis for assisting at fundraising events. These events vary from year-to-year, and duties might include promotion of the events, appearances/support at the event or event set-up and clean-up.

Internships

For college students looking for a non-paid internship prior to graduation, or a graduate looking for more work experience in the social service areas, Children's Safe Harbor can arrange internships through local universities and offer college credit in most cases.

Individuals who serve as volunteers at Children's Safe Harbor receive many benefits for their time. Volunteers gain valuable experience and employable skills, such as time management, guidelines for working with a variety of clients, maintaining boundaries in a professional setting, increased interpersonal communication skills and much more. Additionally, volunteers have the opportunity to witness a unique working dynamic between diverse fields (including law enforcement, judicial agencies, social work, and mental health and medical professions). Most importantly, however, our volunteers gain a deeply rewarding personal experience in helping a child in need.

Additional Special Project/Event Volunteer Opportunities

Children's Safe Harbor is looking for a volunteer, a volunteer group, and for some projects possibly even a bakery, or a restaurant, that is interested in helping the children in our community.

These projects will benefit children from age 2 to 17 years in Montgomery, San Jacinto, and Walker Counties who are victims of sexual abuse, severe physical abuse, and those that have witnessed a violent crime.

Project – Breakfast Club

Every other Wednesday morning at 9:00 am there is a multidisciplinary team meeting (MDT) at Children's Safe Harbor. The team includes, but not limited to Law Enforcement, Children's Protective Services, District Attorney's Office, Medical Personnel, and Children's Safe Harbor staff. The team meets to staff cases at the onset of the investigation and follows up on existing cases. By staffing cases with a professional from each partner agency at the onset of the investigation, team members are able to minimize further trauma to the child as well as work more effectively to facilitate the prosecution of offenders.

Children's Safe Harbor needs a volunteer, a volunteer group, a bakery, or a restaurant to provide breakfast for the following meeting dates in 2012:

Month	Date	Month	Date
January	4	July	11
January	18	July	25
February	1	August	8
February	15	August	22
February	29	September	5
March	14	September	19
March	28	October	3
April	11	October	17
April	25	October	31
May	9	November	14
May	23	November	28
June	6	December	12
June	20		

There are approximately 30 attendees and we would need the breakfast delivered here by 8:00 am or we can arrange for items to be picked up. Breakfast can be as simple as picking up a variety of fruit, yogurt, pastries, kolaches, and juice or if you love to cook then the team would be delighted.

Project – Lunch Club

Children's Safe Harbor is planning to have Network Meetings from noon-1:30 every other month. This meeting will bring together many different disciplines and agencies that are focused on helping the children in Montgomery, Walker, and San Jacinto County. With the generous support of the community we are hoping to provide lunch at the network meetings. **Children's Safe Harbor needs a volunteer, a volunteer group, a bakery, or a restaurant to provide lunch for these meetings.** The dates are not set for 2012.

Please contact Janis Cain if you are interested in volunteering or if you know of a group that would like to take on any of these volunteer opportunities. For the Project - Breakfast Club, we would like for a volunteer or a volunteer group to commit to a month at a time, if possible.

Janis Cain
Volunteer & Facility Coordinator
Children's Safe Harbor
936-756-4644 Ext. 236

Thanks to the Angels in our community that have joined us in our fight against child abuse, your support is greatly appreciated!

ART & THERAPY SUPPLY DRIVE

FOR CHILDREN'S SAFE HARBOR

Miscellaneous Supplies:

- Water Color Paint Sets
- Sketch Pads
- Any Drawing/Painting Kits & Sets
- Clay that dries on its own
- Color Pastels
- Little boxes that children can paint
- Masks that children can decorate
- Paint Brushes
- Paint Cups with spill proof lids
- Paint Smocks
- Scrapbooks
- Paint brushes multiple sizes
- Play Doh
- Play Doh Rolling Pins
- Playdoh Fun Factory
- Animal puppets (Wolf, kitten, mouse, dinosaur, lion, pelican, turtle, giraffe, puppy)
- Play Guns (dart guns and non shooting guns), foam swords, foam knives
- Dress up clothes for boys and girls (princess, wands, jewelry, police, fireman, cowboy).
- Oversized Stuffed Animals – Suitable to lie on like large pillow – non scary animals only. No gorillas.
- Play dishes/pots and pans

Books:

One place to find the books: <http://www.amazon.com>

- Brooke, Stephanie L. Art Therapy with Sexual Abuse Survivors (1997) Charles C. Thomas
- Murphy, Jenny. Art Therapy with Young Survivors of Sexual Abuse: Lost for words (2001) Brunner Rutledge
- Malchiodi, Cathy A. Understanding Children's Drawings (1998) Guilford Press
- Kerry Lee MacLean. Peaceful Piggy Meditation
- Janan Cain. The Way I Feel

Music:

- Relaxation CD's (Lullabies and nature sounds)

Therapy Games:

SCHOOL SUPPLY DRIVE

FOR CHILDREN'S SAFE HARBOR

- Crayola Crayons: 8ct, 16ct, 24ct
- Crayola (washable): primary colors
- #2 pencils
- Black ball point pens
- Red ball point pens
- Map pencils
- Dry erase markers: black
- Highlighters: yellow
- Elmer's Glue: bottle and stick
- Scissors: fiskar
- Pencils bags
- Pencil box
- Facial tissues
- Construction paper: 9x12 & 12x18
- Manila paper: 9x12 & 12x18
- Notebook paper: 3 hole, wide rule
- Copy paper
- Spiral notebooks
- Erasers: large pink/pencil top
- Baby wipes
- Ziploc bags: sandwich, quart, gallon
- Watercolors
- Backpacks (regular size, no wheels)
- OR WALMART GIFTS CARDS

Deliver no later than July 17, 2012

Thank you for your support!



Dear Supporters of Children Safe Harbor,

Children's Safe Harbor is a part of the Kroger Neighbor to Neighbor Donation Program. **Please help support the mission of Children's Safe Harbor by following the steps below:**

1. **Take this letter with you to your neighborhood Kroger store the next time you go shopping.**
2. **Present this letter with our organization's barcode (below) to your cashier upon checkout.**
 - a. After they have scanned your KrogerPlus Card you will be enrolled for the current year (**July 1, 2011 through April 30, 2012**) of the Kroger Neighbor to Neighbor Donation Program and you will be supporting Children's Safe Harbor.
 - b. Every time you shop at Kroger and use your enrolled KrogerPlus Card, Kroger will contribute a percentage of your eligible purchases to the Kroger Neighbor to Neighbor Donation fund.
 - c. Once a card is scanned with the barcode, it will be active for the remainder of the program year.

Thank you for supporting our agency whose mission to protect & enhance the life of every child who has the courage to battle sexual & physical abuse!

Kroger Cashier:

1. Scan customer's KrogerPlus Card
2. Scan the Organization's barcode.
 - a. The customer's Kroger Plus Card is now enrolled in the Kroger Neighbor to Neighbor Donation Program & contributing funds to Children's Safe Harbor.
 - b. When you scan the barcode, the description on the receipt will say "Loyalty Div 0.00". This means the barcode was properly scanned.
 - c. The following Friday, the customer's receipt will display a message at the bottom of the receipt saying "Your card is contributing to Neighbor to Neighbor #80073"

Thank you Kroger! From Children's Safe Harbor

MONTGOMERY CO. CHILDREN'S ADVOCACY CENTER INC.



Q & A

Can a household "link" their KrogerPlus Card to more than one organization at a time?

No, the system allows for one organization per household. To change organizations, you must present your KrogerPlus Card and the new organization's barcode to the cashier.

Do I have to enroll each program year?

Yes, all organization's & participants must re-enroll for each program year. Enrollment is June 1, 2011 through Dec 31, 2011

How much can my organization earn?

The Kroger Neighbor to Neighbor Donation Program will donate \$1 million annually. Each organization will earn a percentage of the \$1 million equal to the percentage of total earned contributions attributable to that organization.

Please feel free to contact a Kroger Neighbor to Neighbor Donation Program Representative with any additional questions at 866-995-7643 or email to neighbortoneighbor@kroger.com. Additional information is also available at www.krogerneighbortoneighbor.com.



Good Neighbor Program

Complete this portion to link your Remarkable Card to the charity of your choice. You can choose to link up to three charities. Contact your charity of choice and ask if they are a member of our Good Neighbor Program or ask the Courtesy Booth for the GNP number of a particular charity. To learn about the Good Neighbor Program, go to www.randalls.com.

REMARKABLE CARD NUMBER:

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Don't know your card number? Call Customer Care at 1-877-723-3929.

Charity to be added to your card:

1. Charity # **8235 Children's Safe Harbor**
2. Charity #
3. Charity #

Charity to be deleted from your card:

1. Charity #
2. Charity #
3. Charity #

APPLICANT NAME (PLEASE PRINT):	PHONE:
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APPLICANT SIGNATURE:	DATE:
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Thank you for supporting Children's Safe Harbor whose mission is to protect & enhance the life of every child who has the courage to battle sexual & physical abuse!

PLEASE RETURN THIS FORM TO YOUR NEIGHBORHOOD RANDALLS COURTESY BOOTH OR SEND/MAIL TO JANIS CAIN AT CHILDREN'S SAFE HARBOR, 1519 ODDFELLOW STREET, CONROE, TX 77301

OFFICE USE ONLY: STORE # _____

COURTESY BOOTH: SEND THIS COMPLETED FORM TO THE MAILROOM - ATTN: DATA CENTER OF ARIZONA

Thank you Randall's! From Children's Safe Harbor